

## Monday

4:15-4:55	Jr. White & Yellow
5:00-5:40	Jr. Orange-Blue
5:45-6:25	Jr. & Super Jr. Brown-Black
6:30-7:25	<b>MASTERS CLUB</b> XMA Class or Leadership Seminar
7:30-8:25	Adult (All Ranks)

## Tuesday

4:00-4:30	Lil' Dragons (4&5)
4:35-5:25	Jr. Orange-Black
5:30-6:10	Jr. White & Yellow
6:15-7:00	Super Jr. (All Ranks)
7:05-8:00	Adult (All Ranks)

## Wednesday

4:00-4:45	Super Jr. (All Ranks)
4:50-5:30	Jr. Orange-Black
5:30-6:00	Lil' Dragons (4&5)
6:05-6:45	Jr. White & Yellow
6:50-7:30	Jr. Orange-Black
7:35-8:30	Adult (All Ranks)

## Thursday

4:00-4:30	Lil' Dragons (4&5)
4:30-5:15	Jr. Orange-Black
5:15-5:55	Jr. White & Yellow
6:00-6:45	Jr. Orange-Black
6:45-7:30	Super Jr. (All Ranks)
7:35-8:30	Adult All Ranks

## Friday T-Shirt Day

5:00-5:45	Jr. Orange-Blue
5:50-6:35	Jr. Brown-Black
6:40-7:30	Adult (All Ranks)

## Saturday T-Shirt Day

9:30-10:20	Adult & Super Jr. (All Ranks)
10:30-11:15	Jr Orange-Black
11:20-12:00	Jr. White & Yellow
12:00-12:30	Lil' Dragons (4&5)

This cycle, students may wear any ULMA T-shirt with their Pants and Belt to all classes.

### MASTER CLUB SCHEDULE:

**Monday:**  
1st/3rd/5th:  
**X-Treme Club**  
2nd & 4th:  
**Instructor Training**

**Super Juniors are students in 5th-8th grades**

### CLASS REQUIREMENTS

Lil' Dragons Must have 5 Stripes to Test	WHITE & YELLOW Must Have All 5 Stripes
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Orange Belts and Above:  
16 Classes to Test for next Rank  
20 Recommended for Black Belts

3 Cs to Success in our Program:

1. Commitment
2. Consistency
3. Communication

### TESTING DATES

**FOR 2011:**  
Nov. 10&11

LEADERSHIP MARTIAL ARTS

ULTIMATE



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## Academy Events Calendars:

\*Events are subject to change. Please check Academy E-Newsletters for more details.

### NOVEMBER 2011

Sun	Mon	Tue	Wed	Thu	Fri	Sat
20	21	22 (X)	23	24	25	26
				Thanksgiving		
27	28	29 (L)	30			

#### This Month's Events:

**11/24 & 11/25:** Closed for Thanksgiving

### DECEMBER 2011

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1	2	3
4	5	6 (X)	7	8	9	10
						Adult Class Party
11	12	13 (L)	14	15	16	17
18	19	20 (X)	21	22	23	24
25	26	27	28	29	30	31
Holiday Break						

#### This Month's Event:

**Saturday Dec. 10:** Adult Christmas Party  
**12/23-12/31:** Closed for Holiday Break! Happy Holidays!

### JANUARY/FEBRUARY 2012

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2	3 (X)	4	5	6	7
						Instructor College
8	9	10 (L)	11	12	13	14
15	16	17 (X)	18	19	20	21
					Board Seminars	
22	23	24 (L)	25	26	27	28
29	30	31 (X)	1	2	3	4
					Belt Testings	

#### This Month's Events:

**1/07:** Board  
**1/20:** Board Breaking Seminars:  
5:00 Orange-Blue Belts  
5:45 Jr. Brown-Black Belts  
6:45 Super Jr. and Adult Orange-Black Belts  
**February 3 & 4: Testing**

Dates in **ORANGE** mean that the academy is closed.

Dates in **GOLD** mean that there is an event. We may or may not have regular classes. See info.

(X) & (L) is to let Masters Club Members know if we have XMA Class or Leadership Seminar.

**E-Mail & Facebook:** The #1 area where we all must succeed in order to make high level martial artists is communication. Make sure that you are "in the know"!!! Go to our website @ [www.TKD-OHIO.com](http://www.TKD-OHIO.com) and add your e-mail to our email list to get a bimonthly E-Newsletter. Also find us on **FACEBOOK!** **Ultimate Leadership Martial Arts—Springboro**